

# Venus White<sup>®</sup> pro

**Important: Please read before using teeth whitening gel.**

Teeth whitening (bleaching) gel will only whiten natural teeth. Results may vary as teeth whiteners do not work on certain stains. It is important to consult with your dentist if you have any concern about stains on your teeth before using this product.

1. Brush and floss teeth. Venus White Pro is most effective on clean teeth.

2. Make sure trays are clean and dry prior to applying

Venus White Pro.

3. Remove syringe from case and snap tip cover from the end.

4. To load the tray with Venus White Pro, depress the plunger and fill each tooth in the tray with a pearl of gel. Each tray will typically use 1/2 to 1/3 of a syringe. (Figure 1)

5. Position tray over your teeth and gently press tray to move the gel into place. Wipe excess gel, which seeps over the brim of the tray, off of your gums with a tissue or your finger. (Figure 2)

6. Wear tray for prescribed amount of time depending on application choice. If sensitivity occurs, discontinue use for 24 hrs.

**35%–Daytime use:** wear 15 minutes, twice a day  
**OR wear 30 minutes, once a day.**

**22%–Daytime use:** wear 60 minutes, once or twice a day.

**Nighttime Use:** wear up to 8 hours, once per day. If sensitivity occurs, switch to daytime use instructions.

**16%–Daytime use:** wear 4–6 hours, once per day.

7. After whitening, remove the tray and rinse your teeth. Brush away any remaining gel.

8. Clean bleaching trays with a toothbrush and cold water. Store trays in the tray holder and gel in a cool dry place away from heat and direct sunlight.



**Venus White Pro 16% and 22% SHOULD BE REFRIGERATED FOR LONG TERM STORAGE.** Shelf life is 1 year unrefrigerated and 2 years refrigerated.

**Venus White Pro 35% MUST BE REFRIGERATED WHEN NOT IN USE.** Shelf life is 2 years refrigerated. Use only in accordance with these instructions.

**Warnings:** Keep product away from children. **DO NOT** use if pregnant or breastfeeding. **DO NOT** use tobacco products or eat while wearing bleaching trays.

1. If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, discontinue use and consult your dentist. Products containing peroxides are not recommended for use by children under 12 years of age.

2. Use for periods of longer than 14 days is to be only under the supervision of a dentist.

3. Avoid swallowing Venus White Pro gel or part thereof.

4. Avoid contact of the product with the eye.

5. Avoid direct contact of the active surface of Venus White Pro with the gums and/or salivary flow.

6. Do not use if you are allergic to any ingredient in this product.